

How To Use This Chart

- 1** **Print a copy of the chart** and post it somewhere in your house where you can easily refer to it every day as behavior happens.
 - 2** **Refer to the chart when behavior challenges happen** in order to correctly identify the “hidden agenda” behind the behavior.
 - 3** **Choose an appropriate response** based on the suggestions in the chart. It takes practice at first, so keep trying if you get it wrong.
 - 4** **Watch the video tutorials to learn how to use this chart** and a 5-step method to get your child to listen, pay attention, & behave.
 - 5** **Attend a FREE Blissful Parenting Workshop** to work on new ways to deal with your #1 most important behavior challenge.
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REGISTER NOW -> www.BlissfulParenting.com/workshop

Workshop Notes

Here's My #1 Most Important Behavior Challenge...

I Should AVOID Doing This As The Problem May Get Worse...

Costly Mistake #1:

Costly Mistake #2:

Costly Mistake #3:

Here's My 5 Step Approach To Solving This Problem...

Step 1:

Step 2:

Step 3:

Step 4:

Step 5:

Here's what I can do next time this behavior happens...

The 4 Hidden Agendas Chart

Use this chart to determine **WHY** your child is misbehaving & **CHOOSE** the most effective way to respond.

